

Unit Title: **Moving On: From Support to Independent Living**

Unit Level: **One**

Unit Credit Value: **3**

Guided Learning Hours: **30**

Unit Code: **HD6/1/NE/004**

Unit Review Date: **31/05/2026**

This unit is not part of a regulatory framework

Purpose and Aim of the Unit:	The purpose of the unit is to enable learners to acquire the skills and knowledge to empower them to make a successful transition from supported housing to independent living.
-------------------------------------	---

This unit has 4 learning outcomes.

Learning Outcomes	Assessment Criteria
The learner will:	The learner can:
1. Understand the household resettlement process.	1.1. List the key stages in the household resettlement process. 1.2. Identify who to notify regarding own change of address. 1.3. State how and when to notify each organisation/person identified in 1.2. 1.4. State when and how to access support regarding moving from supported housing to living independently.
2. Know how to manage household finances.	2.1. Identify regular household bills/expenditure. 2.2. Complete the following: (a) an estimated household budget plan prior to moving into new home; (b) an actual household budget plan after moving into new home. 2.3. Know how to claim relevant housing/council tax benefits. 2.4. List the potential risks associated with benefit sanctions 2.5. Outline the rules which must be followed to avoid loss of, or reduction to benefits.
3. Know how to manage household chores and personal responsibilities.	3.1. Identify essential household chores. 3.2. Identify personal responsibilities in relation to living independently. 3.3. Create a weekly timetable/plan to include the following (relevant) household chores and personal responsibilities: (a). cleaning; (b). laundry;

Unit Title: Moving On: From Support to Independent Living
Unit Level: One
Unit Credit Value: 3
Guided Learning Hours: 30
Unit Code: HD6/1/NE/004
Unit Review Date: 31/05/2026
This unit is not part of a regulatory framework

Learning Outcomes	Assessment Criteria
The learner will:	The learner can:
	(c). grocery shopping; (d). paying bills; (e). managing household rubbish and recycling; (f). collecting medication; (g). attending college/work; (h). undertaking social activities.
4. Understand the importance of maintaining contact with support workers/agencies.	4.1. Outline why it is important to maintain contact with own support worker. 4.2. Create a timetable for contact with support worker during the transition from supported housing to living independently.



PART OF **nocn** GROUP

Unit Title:	Moving On: From Support to Independent Living
Unit Level:	One
Unit Credit Value:	3
Guided Learning Hours:	30
Unit Code:	HD6/1/NE/004
Unit Review Date:	31/05/2026

This unit is not part of a regulatory framework

ASSESSMENT INFORMATION

One Awards promotes the use of a range of methods to assess the skills and knowledge of learners. Please refer to the Assessment Definitions document (available on the One Awards website) which provides guidance on the use of assessment activities at different levels, the evidence which could be generated from these activities and ways in which the assessment activities could be managed.

When planning assessment tasks for this unit, Centres should ensure that the selected assessment methods are relevant to the subject, the assessment criteria and the needs of learners.

All assessment practice for this unit should take an active account of equality and diversity issues. Centres should refer to the guidance in the One Awards Access to Fair Assessment Policy (available on the One Awards website).

USAGE AND COPYRIGHT NOTICE

Centres must be specifically approved by One Awards to deliver this unit.

While One Awards retains the intellectual property rights for the whole of this unit, One Awards would like to confirm that all materials developed by your organisation, and used to support delivery and assessment of this unit, remain your own intellectual property.