



PART OF **nocn** GROUP

Centre Guidance & Information Programme Workshop Resources

Example Unit Assessment Plan

Centre _____ Unit Title: Emotional Intelligence Entry Level 3

Assessment Criteria	Assessment Tasks	Evidence	To be assessed by
1.1. Identify some of own emotions. 1.2. State how he/she can tell which emotion he/she is feeling. 1.3. State how someone else can tell which emotion he/she is feeling. 1.4. Identify visual or audible signs which could show how another person is feeling.	Question and answer Group discussion Worksheet Role play/Observation/Feedback	Discussion notes Flipchart or Printout Worksheet Observation feedback Witness Testimony Pictorial	T/A L
2.1. List things that can change the way a person feels. 2.2. Give an example of something that might put him/her in a good mood. 2.3. Give an example of something that might put him/her in a bad mood. 2.4. Give an example of something he/she has done to cause a change of mood in someone else. 2.5. Give an example of something someone else has done to cause a change in own mood.	Discussion Question & Answer (Verbal or written) Role Play	List Flip Chart Q&A sheet Pictorial sheets Feedback sheets Worksheet	T/A L

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Example Unit Assessment Plan

<p>3.1. State why emotions that are too strong can sometimes be harmful.</p> <p>3.2. Give an example of something a person can do to help them calm down if they feel angry.</p> <p>3.3. Give an example of something a person can do to help them to cheer up if they feel sad.</p> <p>3.4. Give an example of something that he/she can do to help someone struggling with strong emotions.</p>	<p>Discussion</p> <p>Question & Answer</p> <p>Role play</p>	<p>Discussion notes</p> <p>Flipchart or Printout</p> <p>Worksheet</p> <p>Observation feedback</p> <p>Witness Testimony</p> <p>Pictorial</p>	<p>T/A</p> <p>L</p>
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To be assessed by key

T	Tutor
A	Assessor
L	Learner/Self-Assessment
P	Peer Assessment
W	Witness
O	Other